## Child & Family Behavioral Health Policy and Planning Committee

# Meeting Summary April 14, 2005 Henrico CSB – Conference Room C

#### **Attendance**

Brian Meyer, Martha Kurgans, Janet Lung, Charline Davidson, Stacie Fisher, Carolyn Arthur, Leah Hamaker, Joyce Kube, Catherine Hancock, Barbara Shue, Fran Gallagher, Therese Wolf, Joanne Boise, Kay Frye, Francine Cicatiello, Angela Valentine, Kristi Wright, Sandy Henderson, Ernest Johnson, Diana Morris, Karen Purcell, Donna Dent, Louise Drucker, Don Roe, Sandy Bryant, Beth Rafferty, Patricia Reams, Harry Gewanter, Bela Sood, Kim McGaughey, Kevin Keenan

#### Call to Order, Welcome and Introductions

Brian Meyer opened the meeting welcoming the committee and all members introduced themselves.

#### Outline and content of the report to the 2006 Legislature

The Writing Subcommittee is working on the annual report. Brian handed out and walked through the outline (which is attached as attachment 1), and addressed questions from the committee.

#### Decisions about priority recommendations to the 2006 Legislature

The committee reviewed and discussed the ideas for funding recommendations to the 2006 legislature, which were posted on flip charts . The committee went through a process of prioritizing and voting on the recommendations with each member having three votes. Additional items that were added were for Medicaid coverage of substance abuse services and additional funding for local CSB/Detention Center collaborations similar to the JAIBG sites. The following 7 items got 9 or more vote:

- 1. Family/parent coalition
- 2. 211 access
- 3. Increase the number of DJJ pilots
- 4. MST or FFT service demonstration pilots
- 5. Pilots demonstrating collaboration between CSBs and schools, with mental health services being provided in schools.
- 6. Two training positions for child psychiatrists/psychologists with payback provisions in underserved areas of the state.
- 7. Regional training sessions for direct service providers, focus on EBPs

There was considerable discussion and some controversy about the approach to be used for service demonstration pilots. The two alternatives discussed were:

- 1. Focus the pilots on developing and supporting local systems of care in general, with a focus on evidence-based practices. Selected localities would determine the specific focus of the pilot.
- 2. Focus the pilots on the implementation of multi-systemic therapy (MST) and functional family therapy (FFT) under the "umbrella" of the local system of care. This approach is the one recommended by VACSB and detailed in attachment 4.

The vote on this resulted in 14 to 12 in favor of #2.

As a result of the voting process, the following three funding recommendations will be reflected in the Executive Summary and in the Conclusion of the report:

- 1. Parent/Family Coalition/211 telephone access;
- 2. Training of child psychiatrists/psychologists with payback provisions in underserved areas of the state; and
- 3. Service demonstration pilots implementing an "umbrella" system of care, with a focus on MST or FFT as evidence-based practices.

### **Reports from Other Workgroups**

Brian Meyer called on Martha Kurgans to report on behalf of the Substance Abuse workgroup. Martha discussed adolescent treatment and substance exposed infants. The report of Substance Abuse workgroup is attached (attachment 2). Catherine Hancock (DMAS) clarified that pre-natal providers are required as part of their regular services to screen for substance abuse. Further, rates for those providers went up significantly this year.

Brian Meyer called on Kay Frye from the Juvenile Justice workgroup. Their report is attached as attachment 3. A request was made that recommendations 2, 3, and 4 be reworked to specifically request continuation and possible expansion of the pilots in five juvenile detention centers to cover substance abuse and services broader than the word "psychiatric" implies.

VACSB - Sandy Bryant reported and discussed the proposal of VACSB, which is attached as attachment 4.

The meeting was adjourned.

The next meeting of the Child & Family Behavioral Health Policy and Planning Committee will be held Thursday, May 12, 2005 at Henrico Area CSB in Glen Allen.